

Become a Compassionate Touch® *Specialist*



What is Compassionate Touch®?

Compassionate Touch is an approach combining skilled touch with specialized communication that's shown to be a powerful non-pharmacological tool that reduces behavioral expressions in people with dementia and end-of-life while strengthening care partner relationships.

Why Compassionate Touch®?

Compassionate Touch® is a cutting edge skilled touch program that:

- Is Feasible - Easy to learn | Practical to integrate into care practices
- Is Effective - Eases physical and emotional distress that leads to behavioral expression and resistance to care
- Empowers care partners with a personalized approach to connect, calm, and comfort people at all stages of dementia
- Reduces caregiver stress and burnout | Builds strong relationships
- Supports person-centered core values and philosophy

Who should attend?

- Nurses and Nurse Assistants who want to find a new, effective and non-pharmacological approach that reclaims the power of touch in caregiving.
- Social Workers who wish to have a new tool to enhance communication with individuals living with dementia
- Therapeutic Recreation and Activity Professionals searching for meaningful one-to-one activities for community programs
- Nursing Home Administrators and Memory Care Directors wanting to learn about a cutting edge, low cost approach that sets a community apart
- Occupational, Physical & Massage Therapists who are searching for ways to enhance skills and better relate to individuals requiring services
- Families, Volunteers, and Chaplains who are seeking meaningful ways to connect with an individual

"I learned so much about the power of touch and how to use skilled touch with patients and families"

Tracy Bella, Ohio

"We are turning toward Compassionate Touch rather than drugs to prevent behaviors."

*A.F. LSW, NHA, PCHA,
Corporate Director of Community Life,
Presbyterian Senior Living, Dillsburg, PA"*

Upon completion of this workshop, attendees will be able to:

- Articulate why skilled touch is effective in dementia care
- Apply non-verbal communication techniques to relate to people with middle to advanced dementia
- Correctly perform skilled touch techniques
- Identify distress that triggers behavioral expression
- Determine appropriate touch technique according to behavioral needs of the elder
- State the impact of Compassionate Touch® on care partner work stress and ability to effectively respond to behavioral needs of people with dementia

3 Hour Workshop

Each attendee receives a certificate of attendance and Compassionate Touch® Caregiver pin

Wednesday, December 19, 9-noon

Cost \$85/Professional Caregivers

Register ONLINE @AGEucate.com

For more information call 920.737.1015

Family Caregivers may register through the
ADRC of Vernon County 608.637.5332

Training will be at Western Technical College,
Viroqua location



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AGEucate.com

